

Fuente Nueva Charter School September 2019 - Lunch Menu



| Monday | Tuesday | Wednesday | Thursday | Friday | |
|--|--|--|---|--|--|
| 2 | 3 | 4 | 5 | 6 | |
| NO SCHOOL | Quesadilla | Sweet & Sour | Chili | Pizza: | |
| Labor Day! | Kale Chips | Chicken or Tofu Rice Corn & Peas | Cornbread Salad | Cheese or Pepperoni Cucumber Salad | |
| | (Vegetarian) | (Meat or Vegetarian) | (Meat or Vegetarian) | (Meat or Vegetarian) | |
| 9 | 10 | 11 | 12 | 13 | |
| Macaroni & Cheese | Bean & Cheese | Frittata with | Corn Chowder | Organic Hot Dog | |
| Salad | Burrito | Chard and Bacon | Buttermilk Biscuit | or Tofu Dog | |
| | Coleslaw | Rice Pilaf | Salad | Potato Wedges | |
| | | | | Cucumber Salad | |
| (Vegetarian) | (Vegetarian) | (Meat or Vegetarian) | (Vegetarian) | (Meat or Vegetarian) | |
| 16 | 17 | 18 | 19 | 20 K-1 | |
| Seasonal Pasta Roasted Garbanzos Salad (Vegetarian) | Taco Bar Kale Chips (Meat or Vegetarian) | Veggie Fried Rice Edamame (Vegetarian) | Baked Chicken or Tofu Mashed Potatoes Salad (Meat or Vegetarian) | Grilled Cheese Peas/Cucumber Salad (Vegetarian) Field Trip 2-5 Sandwich Sack Lunch | |
| 23 | 24 | 25 | 26 | 27 | |
| Cheesy Penne Bake Salad | Pumpkin Patch Field Trip K-5 th Sandwich Lunch | Baked Potato Bar Salad | Tortilla Soup w/ Corn Chips Kale Chips | Viajes Culinarios: Chad | |
| (Vegetarian) | | (Vegetarian) | (Vegetarian) | (Meat or Vegetarian) | |
| 30 | Fresh Fruit and Milk (Organic 1% or non-fat) are included with lunch every | | | | |
| Fettuccini Alfredo Salad (Vegetarian) | | • | students can always ganic produce served | | |

Please return this order form with payment by Friday 9/6/19 Lunch Order Form: September 2019 (Please fill out a separate form for each student in your family) Student's Name: _______ Grade: _______ Parent's Name: ______ Phone: _______ Mon. Tue. Wed. Thu. Fri. ______ My child will order ______ lunches.

| Mon. | Tue. | Wed. | Thu. | Fri. |
|--------|----------|----------|-----------|-----------|
| 2 NO | 3 | 4 | 5 | 6 |
| SCHOOL | V or S | M,V or S | M, V or S | M, V or S |
| 9 | 10 | 11 | 12 | 13 |
| V or S | V or S | M,V or S | V or S | M,V or S |
| 16 | 17 | 18 | 19 | 20 K-1 |
| | | | | V or S |
| V or S | M,V or S | V or S | M,V or S | FT 2-5 |
| | | | | Sandwich |
| 23 | 24 FT | 25 | 26 | 27 |
| V or S | Sandwich | V or S | V or S | M,V or S |
| 30 | | • | • | • |

V or S

My child will order _____ lunches.

Full price includes milk = \$3.75

Reduced price includes milk = \$.40

Individual milk = \$.50

Lunch payment \$_____

20 lunch school days in Sept.

Circle calendar with your selected lunch choice. (M=meat, V=vegetarian & S=sandwich)

Welcome to the Fuente Nueva Charter School Lunch Program!

Please fill out your order form indicating the days you expect your child to eat. Return the order form with payment by Friday 9/6/19. Payment is due when your order is submitted. We rely on each child's payment to meet our expenses. Keep your menu at home for reference. A lunch count will be confirmed every morning in class. Sandwiches may be substituted for any day's lunch entrée with advanced ordering. There will be a vegetarian option offered on all meat days. For critical, last minute needs of the family, a limited number of same day lunches will be available to order.

Fuente Nueva will be serving peanut and nut free lunches!

If your student has food allergies and requires special meal accommodations, please contact the front office for the necessary forms.

Parents and staff wishing to have lunch must request it from the kitchen in advance, adults pay \$4.25. For questions concerning the menu or food products, please contact our Kitchen Manager, Albert Brown at abrown@fuentenueva.org.

<u>IMPORTANT!</u> Fuente Nueva participates in the National School Lunch Program. Free and reduced-price meals are available to students who live in a qualifying household based on their Application for Free and Reduced-Price Meals. A new application is required for each school year (one application per household). If you believe your child(ren) may qualify for free or reduced-price meals, <u>it is important to submit your application to the school office as soon as possible because free or reduced-price meals begin the day we determine your eligibility.</u> The school only receives reimbursement for these meals from the federal and state programs after the household members are determined to be eligible. It is the responsibility of parents to pay for meals until their application is approved. Applications are available in the school office and may be submitted at any time during the school year. After we receive your application we will send a letter informing you of your status.

For questions about the free and reduced-price meal program or questions about billing, please contact our Assistant Business Manager, Edith Doe in the school office at 822-3348.

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). "USDA is an equal opportunity provider and employer."