

Fuente Nueva Charter School October 2017-Lunch Menu



Monday	Tuesday	Wednesday		Thursday	Friday
2	3 GF	4 0	F	5 GF	6
Pasta w/ Marinara	Taco Bar	Sushi		Tortilla Soup w/ Chips	2 - 5 Field Trip
(Meat or Meatless)	Seasonal Veggie	(Vegetarian)		Salad	K - 1 Grilled Cheese
Salad	Fresh Fruit	Sunomono		Fresh Fruit	Carrot Sticks
Fresh Fruit		Fresh Fruit			Fresh Fruit
9	10 GF	11 0	F	12	13
Seasonal Pasta	Quesadilla	Sweet and Sour		K - 5 th Grades:	Pizza: Cheese or
Roasted Garbanzos	Kale Chips	Chicken or Tofu		Field Trip	Pepperoni
Fresh Fruit	Fresh Fruit	Rice & Edamame		Sandwich	Salad
		Fresh Fruit		Carrot Sticks, Fruit	Fresh Fruit
16	17 GF	18	F	19	20
Cheesy Penne Bake	Bean and Rice Bowl	Corn & Cheese Fritta	ta	Pot Pie: Chicken or	Hot Dog or Tofu Dog
Salad	Seasonal Veggie	Spanish Rice		Vegetarian	Potato Wedges
Fresh Fruit	Fresh Fruit	Fresh Fruit		Salad	Carrot Sticks
				Fresh Fruit	Fresh Fruit
23	24	25 G	F	26 GF	27
Macaroni & Cheese	Bean & Cheese	Teriyaki Broccoli w/		Baked Chicken with	Viajes Culinarios:
Salad	Burrito	Beef or Tofu		Mashed Potato OR	(Meat or Vegetarian)
Fresh Fruit	Carrot Sticks	Rice		Cheesy Baked Potato	
	Fresh Fruit	Fresh Fruit		Salad & Fresh Fruit	
30	31 GF	- 6		-	
Pasta w/ Marinara	Taco Bar	TAR			6
(Meat or Meatless)	Seasonal Veggie		V	NT (°) /	50
Salad	Fresh Fruit			60/6	
Fresh Fruit					

Organic 1% and non-fat Humboldt Creamery milk is available as part of the school lunch every day. To opt out of the day's entrée, students can always order organic soy nut butter with jam sandwich. Please note 'GF' on the menu indicates the meal for that day is gluten free. Menu subject to change without notice.

Please return the order form with payment by FRIDAY 09/29/17

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Lunch Order Form: October 2017

(Please fill out a separate form for each student in your family)

 Student's Name:
 Class:

 Parent's Name:
 Phone:

2	3	4	5	6
9	10	11	12	13 Please Circle: C or P
16	17	18	19	20
23	24	25	26	27
30	31			

My child will order	lunches.
Full price = \$3.75	
Reduced Price = \$.40	
Individual Milk = \$.50	1
Lunch payment \$	
22 lunch school days in O	ctober

for your selected lunch dates. (M=meat, V=vegetarian & S=sandwich)

Welcome to the Fuente Nueva Charter School Lunch Program!

Please fill out your order form indicating the days you expect your child to eat. <u>Return the order form</u> with payment by FRIDAY. (This month, by 09/29/17) Payment is due when your

<u>order is submitted</u>. We rely on each child's payment to meet our expenses. Keep your menu at home for reference. A lunch count will be confirmed every morning in class. Sandwiches may be substituted for any day's lunch entrée with advanced ordering. There will be a vegetarian option offered on all meat days. *For critical, last minute needs of the family, a limited number of same day lunches will be available to order.*

Fuente Nueva will be serving peanut and nut free lunches!

If your student has food allergies and requires special meal accommodations, please contact the front office for the necessary forms.

Parents and staff wishing to have lunch must request it from the kitchen in advance, adults pay \$4.25.

For questions concerning the menu or food products, please contact our Kitchen Manager, Danielle Stubblefield at <u>dstubblefield@fuentenueva.org</u>.

IMPORTANT! Fuente Nueva participates in the National School Lunch Program. Free and reduced-price meals are available to students who live in a qualifying household based on their Application for Free and Reduced-Price Meals. A new application is required for each school year (one application per household). If you believe your child(ren) may qualify for free or reduced-price meals, <u>it is important to submit your</u> **application to the school office as soon as possible because free or reduced-price meals begin the day we determine your eligibility**. The school only receives reimbursement for these meals from the federal and state programs after the household members are determined to be eligible. It is the responsibility of parents to pay for meals until their application is approved. Applications are available in the school office and may be submitted at any time during the school year. After we receive your application we will send a letter informing you of your status.

For questions about the free and reduced-price meal program or questions about billing, please contact our Assistant Business Manager, Edith Doe in the school office at 822-3348.

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If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at

<u>http://www.ascr.usda.gov/complaint_filing_cust.html</u>, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).