

Fuente Nueva Charter School May 2019 - Lunch Menu



| DAI | <u> </u> | | | DAT |
|---|---------------------------------------|------------------------|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| | | 1 GF | 2 | 3 |
| 5 th Gr. Field Trip | 4th Gr. Field Trip | Baked Potato Bar | Chili | Hawaiian Pizza |
| To San Francisco | to Weaverville | Seasonal Vegetable | Cornbread | Cucumber & |
| May 9 th - 10 th | May 9 th -10 th | | Salad | Carrot sticks |
| | , | (Vegetarian) | (Meat or Vegetarian) | (Meat or Vegetarian) |
| 6 | 7 GF | 8 | 9 4 th -5 th Field Trip | 10 4 th -5 th Field Trip |
| Macaroni & Cheese | Bean & Rice Bowl | Pancakes w/ | Chicken or Tofu | Hot Dog or Tofu Dog |
| Salad | Pepita Coleslaw | Yogurt & Blueberries | Pot Pie | Potato Wedges |
| | | Hash browns | Salad | Carrot Sticks |
| (Vegetarian) | (Vegetarian) | (Vegetarian) | (Meat or Vegetarian) | (Meat or Vegetarian) |
| 13 | 14 GF | 15 GF | 16 | 17 |
| Spaghetti Marinara | County-Wide | Sweet & Sour | Corn Chowder | Pizza: |
| Salad | Taco Tuesday! | Chicken or Tofu | Buttermilk Biscuit | Cheese or Peperoni |
| | Seasonal Vegetable | Green Peas | Salad | Carrot Sticks |
| (Meat or Vegetarian) | (Meat or Vegetarian) | (Meat or Vegetarian) | (Vegetarian) | (Meat or Vegetarian) |
| 20 | 21 GF | 22 GF | 23 GF | 24 |
| Seasonal Pasta | Quesadilla | Teriyaki Broccoli | Tortilla Soup | Chicken Fingers GF |
| Roasted Garbanzos | Kale Chips | Beef or Tofu | w/Chips | or Grilled Cheese |
| Salad | | Edamame | Salad | Peas & Carrots |
| (Vegetarian) | (Vegetarian) | (Meat or Vegetarian) | (Vegetarian) | (Meat or Vegetarian) |
| 27 | 28 | 29 GF | 30 | 31 |
| Memorial Day | Bean & Cheese | Corn & Cheese Frittata | Chili | Viajes |
| Holiday | Burrito | Spanish Rice | Cornbread | Culinarios |
| No School | Salad | | Salad | Japan |
| | (Vegetarian) | (Vegetarian) | (Meat or Vegetarian) | (Meat or Vegetarian) |
| Fresh Fruit and Milk (Humboldt Creamery's Organic 1% or non-fat) are included with lunch every day. | | | | |

Fresh Fruit and Milk (Humboldt Creamery's Organic 1% or non-fat) are included with lunch every day. To opt out of the day's entrée, students can always order a sunflower seed butter with jam sandwich (S).

Please note the GF symbol on the menu indicates gluten free.

| \$< | | |
|---------------|----------------------------|--|
| | Lunch Order Form: May 2019 | |

(Please fill out a separate form for each student in your family)

Student's Name: _____ Grade: _____ Parent's Name: _____ Phone: _____

| Mon. | Tue. | Wed. | Thu. | Fri. |
|-----------|-----------|-----------|--------------|---------------|
| | | 1 | 2 | 3 |
| | | V or S | M, V or S | M, V or S |
| 6 | 7 | 8 | 9 Field Trip | 10 Field Trip |
| V or S | V or S | V or S | M, V or S | M, V or S |
| 13 | 14 | 15 | 16 | 17 |
| M, V or S | M, V or S | M, V or S | V or S | M, V or S |
| 20 | 21 | 22 | 23 | 24 |
| V or S | V or S | M, V or S | V or S | M, V or S |
| 27 | 28 | 29 | 30 | 31 |
| Holiday | V or S | V or S | M, V or S | M, V or S |

| My child will order lunches. | | |
|-------------------------------------|--|--|
| Full price includes milk = \$3.75 | | |
| Reduced price includes milk = \$.40 | | |
| Individual milk = \$.50 | | |
| Lunch payment \$ | | |
| 22 lunch school days in May 2019 | | |

Circle calendar with your selected lunch choice. (M=meat, V=vegetarian or S=sandwich)

Welcome to the Fuente Nueva Charter School Lunch Program!

Please fill out your order form indicating the days you expect your child to eat. Return the order form with payment by FRIDAY, 04/19/19. Payment is due when your order is submitted. We rely on each child's payment to meet our expenses. Keep your menu at home for reference. A lunch count will be confirmed every morning in class. There will be a vegetarian option offered on all meat days. For critical, last minute needs of the family, a limited number of same day lunches will be available to order.

Fuente Nueva will be serving peanut and nut free lunches!

If your student has food allergies and requires special meal accommodations, please contact the front office for the necessary forms.

Parents and staff wishing to have lunch must request it from the kitchen in advance, adults pay \$4.25.

For questions concerning the menu or food products, please contact our Kitchen Manager, Danielle Stubblefield at <u>dstubblefield@fuentenueva.org</u>.

<u>IMPORTANT!</u> Fuente Nueva participates in the National School Lunch Program. Free and reduced-price meals are available to students who live in a qualifying household based on their Application for Free and Reduced-Price Meals. A new application is required for each school year (one application per household). If you believe your child(ren) may qualify for free or reduced-price meals, <u>it is important to submit your application to the school office as soon as possible because free or reduced-price meals begin the day we determine your eligibility.</u> The school only receives reimbursement for these meals from the federal and state programs after the household members are determined to be eligible. It is the responsibility of parents to pay for meals until their application is approved. Applications are available in the school office and may be submitted at any time during the school year. After we receive your application we will send a letter informing you of your status.

For questions about the free and reduced-price meal program or questions about billing, please contact our Assistant Business Manager, Edith Doe in the school office at 822-3348 OR edoe@fuentenueva.org.

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

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