



## CONSEJERA CORNER

Good Day

Asante! To all the parents that turned in the generic consent form. The feedback comments and concerns allowed me to see the needs you presented for your child. Should your child need counseling services due to an IEP, SST or teacher referral you will receive a phone call and a detailed consent form in a green folder explaining counseling social emotional support services offered at Fuente Nueva.



Currently, I am visiting all the classes on either Monday/Friday discussing characteristics of the character word of the week. Additionally, I hold small group sessions that include restorative circles, mindfulness drumming, intentional yoga, affinity multicultural exchange (friendship group), and Sources of Strength Leadership.

Part of the restorative work that has taken place in the month of November and December is inviting cultural bearers, Andre Cramblit, Karuk Storyteller, Abram Ross, African Kemetic Yoga instructor and Jeri Rubin, Chanukah Community presenter. The children were able to partake in the restorative circles and ask questions about Indigenous, African and Jewish practices. Below are the types of groups that are being offered at Fuente Nueva.

**Fonte Groups:** The restorative circles, mindfulness drumming, intentional yoga is a social emotional processing platform offered in the class or in smaller groups of five.

The affinity multicultural exchange (B-Connected) allows students to share experiences and strategies that lead to greater inclusion in the broader community. In the video below, Dr. Beverly Tatum explains the thinking behind having student affinity groups.

<https://www.facebook.com/theRoot/videos/10159272417915231/?t=0>

The primary purpose of these short meetings has been, and continues to be, to provide time and a safe space for children of like affinities from different classrooms to come together in an environment where they make up the majority. We help all students understand the definition of affinity and that having these groups is not an act of intentional exclusion. These are voluntary meetings that children who identify with these affinities may participate in. Affinity Groups are by no means the only time children discuss diverse and multicultural topics related to affinity. These themes are explored throughout our curriculum, and in-class discussions take place on a regular basis.

### SOURCES OF STRENGTH (SOS) LEADERSHIP CLUB

SOS IS LED BY STUDENTS IN THE FIFTH GRADERS. THE PURPOSE OF SOS IS TO ESTABLISH LEADERSHIP SKILL SETS THAT INCLUDE LEAVING A LEGACY AT THE SCHOOL AND HELPING OUT WITH 5TH GRADE GRADUATION. STUDENTS WILL BRAINSTORM IDEAS AS A COLLECTIVE GROUP AND APPLY FOR A GRANT TOWARDS THE LEGACY PROJECT. STUDENTS WILL ALSO ENGAGE IN GAMES THAT ENCOURAGE GOOD BOUNDARIES AND BUILDING POSITIVE RELATIONS. THERE WILL BE AN END OF THE YEAR PARTY AND MONTHLY NACHO PARTY DAY.

SHOULD YOUR FIFTH GRADER BE INTERESTED... THE COMMITMENT IS FOLLOWING THE GROUP AGREEMENTS AND SIGNING THE SOS CODE OF HONOR. SOS WILL BE OFFERED ON THURSDAYS AT 3:15- 4:15 PM STARTING IN JANUARY 2022. SIGN UPS WILL BE SENT HOME IN DECEMBER.

I LOOK FORWARD TO WORKING WITH YOU AND YOUR CHILDREN!  
AMANI IWE NAWE

## B-CONNECTED



**PARTICIPANTS WILL ENGAGE IN CONVERSATIONS WITH BIPOC COMMUNITY MEMBERS AND ENGAGE IN SOURCES OF STRENGTH ACTIVITIES. B-CONNECTED CULTURAL COMMUNITY ENGAGEMENT CARETAKERS:**

### MONTHLY SCHEDULE

#### OCTOBER

DES MAYNARD, B-MEN DISCUSSING PRONOUNS AND DECOLONIZING SOCIETY'S IDEA ON WHAT A MALE REPRESENTS IN AMERICA

#### NOVEMBER

AJ ROSS FACILITATING KEMETIC WARRIOR STANCES THROUGH YOGA PRACTICE

#### DECEMBER

HIP HOP WITH DEY  
DOUG SMITH, THE UMOJA CENTER FOR PAN AFRICAN STUDENT EXCELLENCE AT HUMBOLDT STATE UNIVERSITY DISCUSSING PAN AFRICAN WAY OF LIVING

#### JANUARY-

PLINY MCCOVEY, NATIVE HUPA DISCUSSING INDIGENOUS WAYS OF KNOWING

#### FEBRUARY

FERNANDO PAZ, EL CENTRO ACADÉMICO CULTURAL DE HSU DISCUSSING LIVING LATINX

