

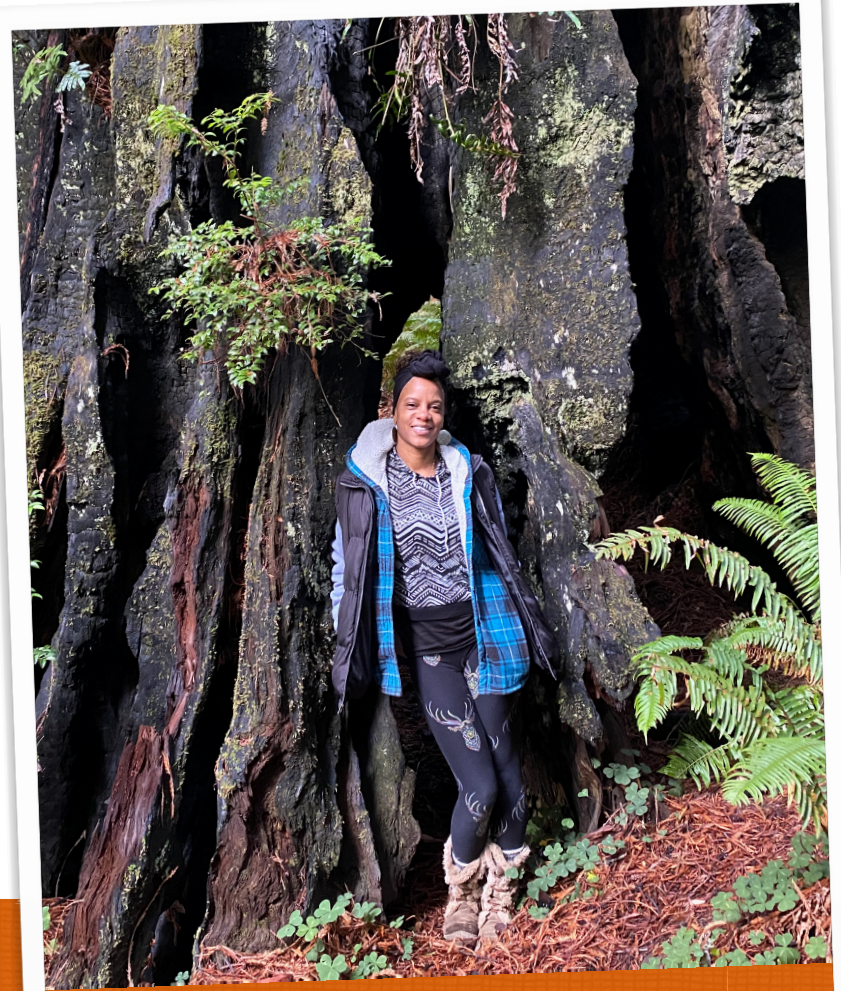
Hola!

Many of you may have heard from your youth that they have interacted with Consejera Valetta.

Valetta is a community member that holds cultural ties to organizations that believe in improving the quality of life for youth and families. She comes with a cultural lens and a holistic background while holding a Masters of Social Work and a degree in Psychology. Valetta previously worked as an ICWA specialist and is a professor and cultural educator.

Valetta identifies as a mother, wife, daughter, sister, auntie, mentor, earth tender, and godmother.

Stop by to say hi to Valetta



Consejera Valetta

Notas de La Consejera

Good day to you,

First I want to acknowledge that I am on Wiyot sacred land, engaging with youth as the school counselor at Fuente Nueva which is a great honor and privilege.

Part of my role at Fuente Nueva is to support emotional learning (SEL) as an integral part of education and human development. SEL is the process through which youth and adults apply knowledge, skills, and attitudes to develop healthy identities, while managing emotions and achieve personal and collective goals. SEL helps one feel and show empathy for others, while developing and establishing supportive relationships, to produce responsible and caring decisions.

At Fuente we want to imparting a sense of community with the restorative circles in the classroom, while also holding small groups showing Ujima. Youth are learning conversations on empathy, accountability, and being present in the classroom.

We are in the process of starting B-Connected to guide more cognitive approaches towards social emotional. The groups are facilitated by Consejera Valetta, and co-facilitated by Bachelors of Social Worker Interns Jalen, Danny and Dey. Be on the look out for parental permission slips for your youth to attend B-Connected or to see the consejera on an individual basis.

Also in the works... in partnership with HC Black Music and Arts Association (HCBAMA) is the Parent Healing Community circle on Oct 28th, Nov 4, and Nov 18 at 5:30- 7:00. The group will collectively discuss the need/want for parents in the Humboldt village. Also, HCBMAA will introduce the idea around the Motherhood Collective to help working mothers and mothers attending school while finding ways to support at home moms with income. The Healing Circle and food is by registration only. Click here to register at https://docs.google.com/forms/d/15QDOKwbOlvdZEK8mHxpHyEpHEWN5XUcdbljeFNpjUrQ/edit?usp=sharing_eil_m&ts=616ee38e

Until next time,

I look forward to meeting y'all soon.

Elimu haina mwisho - education never ends (Swahili saying)

Consejera Valetta, MSW, ACSW, PPSC